

Guide to depressive symptoms versus functional impairment

	Clinical symptoms and/or adverse drug reactions	Functional impact at work	Examples of observable behaviours
Mood	<ul style="list-style-type: none"> ● Irritability ● Sadness ● Anxiety ● Agitation 	<ul style="list-style-type: none"> ● Conflicts ● Inability to control emotions ● Avoidance 	<ul style="list-style-type: none"> ● Frequent crying at work ● Anger outbursts ● Panic attacks
Thought	<ul style="list-style-type: none"> ● Anhedonia ● Apathy ● Feeling of powerlessness ● Suicidal thoughts 	<ul style="list-style-type: none"> ● Withdrawal ● Lack of motivation ● Inability to control thought content 	<ul style="list-style-type: none"> ● Presenteeism ● Lack of accountability ● Difficulty meeting deadlines ● Procrastination
Cognitive manifestations	<ul style="list-style-type: none"> ● Difficulty concentrating ● Memory problems ● Indecisiveness ● Daytime sleepiness 	<ul style="list-style-type: none"> ● Lack of efficiency in task performance ● More frequent errors ● Poor decision-making skills 	<ul style="list-style-type: none"> ● Difficulty reading or driving ● Need to nap ● Inability to multi-task
Somatic manifestations	<ul style="list-style-type: none"> ● Sleep problems ● Changes in eating habits ● Lack of energy ● Dizziness ● Headaches 	<ul style="list-style-type: none"> ● Decreased alertness during tasks execution ● Limited range of activities ● Negligence 	<ul style="list-style-type: none"> ● Falls, loss of balance ● Sleepiness at work ● Decreased stamina

Inspired by Bender. Cameron and Plamondon, GMF-U Lévis, 2018.