

# MEDICAL evaluation of sick leave relevancy

STOP

## Stages of the evaluation leading to a over one-week sick leave.

Medical consultation with or without appointment	Second medical consultation	Evaluation tools
<p>Medical evaluation and prescription of a sick leave lasting one or two weeks, concurrent with a pharmacological treatment, if necessary.</p>	<p>Meeting between the doctor and the patient to reach an agreement regarding:</p> <ul style="list-style-type: none"> <li>● The relevance of the sick leave;</li> <li>● The duration of the sick leave;</li> <li>● The plan for the sick leave:                             <ol style="list-style-type: none"> <li>a. Medication;</li> <li>b. Joint follow-up with one or more professionals;</li> <li>c. The medical follow-up modalities.</li> </ol> </li> <li>● Modalities of delivering forms.</li> </ul>	<p>Pros and the cons of a sick leave</p> <p>Differential diagnosis</p> <ul style="list-style-type: none"> <li>● PHQ-9</li> <li>● Maslach</li> <li>● Burns anxiety inventory or GAD-7</li> </ul> <p>Functional capabilities</p> <ul style="list-style-type: none"> <li>● WSAS</li> <li>● Leaps</li> <li>● Chart of depressive symptoms versus functional impairment</li> </ul>
	<p>Encourage the patient to get in touch with his workplace and with the available resources that may support him during the sick leave (e.g., employee assistance, union representative, etc.).</p>	<p>Inform the patient about available resources (e.g., EAPs, public or private services, etc.)</p>

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