

# Tips on filling out forms<sup>1-2</sup>:

- Be accurate in diagnoses: exact terms or "nonspecific";
- Provide information on expected development and prognosis;
- Provide information on treatment supported by facts;
- Give detailed information, especially for the symptoms that may hinder professional functioning: severity, visible impacts;
- Detail the noted impairments: intensity, duration, frequency (e. g., concentration for less than 30 minutes, only 1 meal/day);
- Support objective data: follow-up on questionnaires from the patient's file;
- Avoid blank spaces: write "nil" or a stroke if necessary;
- One month at a time.

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1 Santé mentale au travail et invalidité professionnelle: lignes directrices à l'intention des médecins

2 INVALIDITÉ ET DÉPRESSION: UN VÉRITABLE CASSE-TÊTE POUR LE MÉDECIN TRAITANT, presentation by Dr. Roberto Tosti, psychiatrist, HDL